



8. Nordhäuser Citylauf
Nordhausen / 16.09.2012

Detailed evaluation

Engelmann, Tobias

Club: LV Altstadt 98 Nordhausen
Number: 104

Course: 3.30 km
1 Runde

Category:
männliche Jugend U14 (12 und 13 Jahre)

Total time: 14:15

Speed: 12.63 km/h
Running performance: 4:19 min/km

Rank in course/Total: 12 (of 79)

Rank in course/Men: 10 (of 43)

Best time in course: 10:42

Rank in category: 1(of 7)

Best time in the category: 14:15