



8. Nordhäuser Citylauf  
Nordhausen / 16.09.2012

Detailed evaluation

Kirchberg, Sina

Club: LV Altstadt 98 Nordhausen  
Number: 15

Course: 1.00 km  
Jedermannlauf

Category:  
weibliche Kinder U12 (10 und 11 Jahre)

Total time: 4:50

Speed: 12.41 km/h  
Running performance: 4:50 min/km

Rank in course/Total: 9 (of 75)  
Rank in course/Women: 3 (of 43)  
Best time in course: 4:35

Rank in category: 1(of 8)  
Best time in the category: 4:50