



8. Nordhäuser Citylauf  
Nordhausen / 16.09.2012

Detailed evaluation

Gropp, Stefanie

Club: Gfl Hannover  
Number: 186

Course: 3.30 km  
1 Runde

Category:  
Frauen

Total time: 14:40

Speed: 12.27 km/h  
Running performance: 4:26 min/km

Rank in course/Total: 15 (of 79)  
Rank in course/Women: 3 (of 36)  
Best time in course: 13:50

Rank in category: 1(of 2)  
Best time in the category: 14:40