



33. Wartburglauf
Eisenach / 23.09.2012

Detailed evaluation

Helmrich, Rainer

Club: Gera
Number: 216

Course: 12.50 km
Hauptlauf

Category:
Männer M55

Total time: 1:35:41

Speed: 7.52 km/h
Running performance: 7:39 min/km

Rank in course/Total: 210 (of 215)

Rank in course/Men: 156 (of 158)

Best time in course: 42:03

Rank in category: 14(of 14)

Best time in the category: 52:05