



5. Park&See-Lauf
Hof / 06.10.2012

Detailed evaluation

Zirnstein, Patrick

Club: Taltitz
Number: 234

Course: 10.00 km
Volkslauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 54:16

Speed: 11.06 km/h
Running performance: 5:26 min/km

Rank in course/Total: 85 (of 184)

Rank in course/Men: 77 (of 127)

Best time in course: 37:49

Rank in category: 5(of 8)

Best time in the category: 47:21