



5. Park&See-Lauf  
Hof / 06.10.2012

## Detailed evaluation

Christian, Jürgen

Club: Döhlau  
Number: 241

Course: 10.00 km  
Volkslauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 56:26

Speed: 10.63 km/h  
Running performance: 5:38 min/km

Rank in course/Total: 92 (of 184)

Rank in course/Men: 81 (of 127)

Best time in course: 37:49

Rank in category: 18(of 24)

Best time in the category: 40:38