



5. Park&See-Lauf

Hof / 06.10.2012

Detailed evaluation

Krause, Bernd

Club: TSV Oelsnitz

Number: 285

Course: 10.00 km

Volkslauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 57:18

Speed: 10.47 km/h

Running performance: 5:44 min/km

Rank in course/Total: 95 (of 184)

Rank in course/Men: 84 (of 127)

Best time in course: 37:49

Rank in category: 4(of 8)

Best time in the category: 46:18