



5. Park&See-Lauf
Hof / 06.10.2012

Detailed evaluation

Fischer, Jan

Club: Hof

Number: 230

Course: 10.00 km

Volkslauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 57:20

Speed: 10.47 km/h

Running performance: 5:44 min/km

Rank in course/Total: 96 (of 184)

Rank in course/Men: 85 (of 127)

Best time in course: 37:49

Rank in category: 6(of 8)

Best time in the category: 47:21