



5. Park&See-Lauf

Hof / 06.10.2012

Detailed evaluation

Quick, Gerhard

Club: Lauffreunde TV Stammbach

Number: 292

Course: 10.00 km

Volkslauf

Category:

Senioren M65 (65-69 Jahre)

Total time: 57:30

Speed: 10.43 km/h

Running performance: 5:45 min/km

Rank in course/Total: 97 (of 184)

Rank in course/Men: 86 (of 127)

Best time in course: 37:49

Rank in category: 2(of 6)

Best time in the category: 53:02