



5. Park&See-Lauf

Hof / 06.10.2012

Detailed evaluation

König, Gisela

Club: SG Hutschenreuther Selb

Number: 352

Course: 10.00 km

Volkslauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 57:44

Speed: 10.39 km/h

Running performance: 5:46 min/km

Rank in course/Total: 102 (of 184)

Rank in course/Women: 15 (of 57)

Best time in course: 42:30

Rank in category: 1(of 7)

Best time in the category: 57:44