



5. Park&See-Lauf  
Hof / 06.10.2012

## Detailed evaluation

**Braun, Michael**

Club: IfL Frankenwald  
Number: 267

Course: 10.00 km  
Volkslauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:00:13

Speed: 9.96 km/h  
Running performance: 6:01 min/km

Rank in course/Total: 115 (of 184)

Rank in course/Men: 94 (of 127)

Best time in course: 37:49

Rank in category: 5(of 9)

Best time in the category: 47:37