



5. Park&See-Lauf

Hof / 06.10.2012

Detailed evaluation

Friedrich, Lukas

Club: LAT-RAT

Number: 450

Course: 10.00 km

Volkslauf

Category:

männliche Jugend U16 (14-15 Jahre)

Total time: 1:00:51

Speed: 9.86 km/h

Running performance: 6:05 min/km

Rank in course/Total: 118 (of 184)

Rank in course/Men: 96 (of 127)

Best time in course: 37:49

Rank in category: 4(of 4)

Best time in the category: 46:37