



5. Park&See-Lauf
Hof / 06.10.2012

Detailed evaluation

Schenkl, Roland

Club: PuPs

Number: 238

Course: 10.00 km

Volkslauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:01:52

Speed: 9.70 km/h

Running performance: 6:11 min/km

Rank in course/Total: 124 (of 184)

Rank in course/Men: 99 (of 127)

Best time in course: 37:49

Rank in category: 21(of 24)

Best time in the category: 40:38