



## 5. Park&See-Lauf

Hof / 06.10.2012

### Detailed evaluation

**Sabelfeld, Karlheinz**

Club: FGV Schwarzenbach/S.

Number: 291

Course: 10.00 km

Volkslauf

Category:

Senioren M65 (65-69 Jahre)

Total time: 1:03:26

Speed: 9.46 km/h

Running performance: 6:20 min/km

Rank in course/Total: 130 (of 184)

Rank in course/Men: 103 (of 127)

Best time in course: 37:49

Rank in category: 3(of 6)

Best time in the category: 53:02