



5. Park&See-Lauf

Hof / 06.10.2012

Detailed evaluation

Semm, Thomas

Club: Semm's

Number: 466

Course: 10.00 km

Volkslauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:04:10

Speed: 9.35 km/h

Running performance: 6:25 min/km

Rank in course/Total: 132 (of 184)

Rank in course/Men: 104 (of 127)

Best time in course: 37:49

Rank in category: 7(of 9)

Best time in the category: 47:37