



5. Park&See-Lauf

Hof / 06.10.2012

Detailed evaluation

Lappat, Sarah

Club: Hof

Number: 319

Course: 10.00 km

Volkslauf

Category:

weibliche Jugend U20 (18-19 Jahre)

Total time: 1:04:28

Speed: 9.31 km/h

Running performance: 6:27 min/km

Rank in course/Total: 133 (of 184)

Rank in course/Women: 29 (of 57)

Best time in course: 42:30

Rank in category: 2(of 3)

Best time in the category: 42:30