



5. Park&See-Lauf

Hof / 06.10.2012

Detailed evaluation

Jahn, Wolfgang

Club: Issigau

Number: 282

Course: 10.00 km

Volkslauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:04:51

Speed: 9.25 km/h

Running performance: 6:29 min/km

Rank in course/Total: 134 (of 184)

Rank in course/Men: 105 (of 127)

Best time in course: 37:49

Rank in category: 5(of 10)

Best time in the category: 45:25