



5. Park&See-Lauf
Hof / 06.10.2012

Detailed evaluation

Fickenscher, Helmut

Club: SV Berg
Number: 293

Course: 10.00 km
Volkslauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 1:05:53

Speed: 9.11 km/h
Running performance: 6:35 min/km

Rank in course/Total: 143 (of 184)

Rank in course/Men: 110 (of 127)

Best time in course: 37:49

Rank in category: 4(of 6)

Best time in the category: 53:02