



5. Park&See-Lauf  
Hof / 06.10.2012

## Detailed evaluation

**Seiferth, Benjamin**

Club: TV Münchberg  
Number: 167

Course: 21.10 km  
Halbmarathon

Category:  
Männer (20-29 Jahre)

Total time: 1:21:22

Speed: 15.49 km/h  
Running performance: 3:52 min/km

Rank in course/Total: 2 (of 237)

Rank in course/Men: 2 (of 195)

Best time in course: 1:16:59

Rank in category: 1(of 21)

Best time in the category: 1:21:22