



5. Park&See-Lauf

Hof / 06.10.2012

Detailed evaluation

Ullrich, Daniel

Club: Hof

Number: 224

Course: 10.00 km

Volkslauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:06:58

Speed: 8.96 km/h

Running performance: 6:42 min/km

Rank in course/Total: 149 (of 184)

Rank in course/Men: 112 (of 127)

Best time in course: 37:49

Rank in category: 10(of 10)

Best time in the category: 44:40