



## 5. Park&See-Lauf

Hof / 06.10.2012

### Detailed evaluation

**Macht, Ute**

Club: SV Hof

Number: 355

Course: 10.00 km

Volkslauf

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 1:08:37

Speed: 8.74 km/h

Running performance: 6:52 min/km

Rank in course/Total: 156 (of 184)

Rank in course/Women: 41 (of 57)

Best time in course: 42:30

Rank in category: 2(of 3)

Best time in the category: 1:00:14