



5. Park&See-Lauf
Hof / 06.10.2012

Detailed evaluation

Macht, Ute

Club: SV Hof
Number: 355

Course: 10.00 km
Volkslauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 1:08:37

Speed: 8.74 km/h
Running performance: 6:52 min/km

Rank in course/Total: 156 (of 184)

Rank in course/Women: 41 (of 57)

Best time in course: 42:30

Rank in category: 2(of 3)

Best time in the category: 1:00:14