



5. Park&See-Lauf

Hof / 06.10.2012

Detailed evaluation

Ackermann, Nane

Club: Oberkotzau

Number: 361

Course: 10.00 km

Volkslauf

Category:

Frauen (20-29 Jahre)

Total time: 1:08:40

Speed: 8.74 km/h

Running performance: 6:52 min/km

Rank in course/Total: 157 (of 184)

Rank in course/Women: 42 (of 57)

Best time in course: 42:30

Rank in category: 8(of 11)

Best time in the category: 53:25