



5. Park&See-Lauf

Hof / 06.10.2012

Detailed evaluation

Pechstein, Melissa

Club: Hof

Number: 362

Course: 10.00 km

Volkslauf

Category:

Frauen (20-29 Jahre)

Total time: 1:08:40

Speed: 8.74 km/h

Running performance: 6:52 min/km

Rank in course/Total: 158 (of 184)

Rank in course/Women: 43 (of 57)

Best time in course: 42:30

Rank in category: 9(of 11)

Best time in the category: 53:25