



## 5. Park&See-Lauf

Hof / 06.10.2012

### Detailed evaluation

#### Schnabel, Silke

Club: Sportclub Sparkasse Hochfranken e.V.  
Number: 334

Course: 10.00 km  
Volkslauf

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 1:09:27

Speed: 8.64 km/h  
Running performance: 6:56 min/km

Rank in course/Total: 160 (of 184)

Rank in course/Women: 45 (of 57)

Best time in course: 42:30

Rank in category: 8(of 11)

Best time in the category: 52:48