



5. Park&See-Lauf

Hof / 06.10.2012

Detailed evaluation

Dippold, Stefan

Club: Hof

Number: 270

Course: 10.00 km

Volkslauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:09:49

Speed: 8.59 km/h

Running performance: 6:59 min/km

Rank in course/Total: 163 (of 184)

Rank in course/Men: 117 (of 127)

Best time in course: 37:49

Rank in category: 9(of 9)

Best time in the category: 47:37