



5. Park&See-Lauf
Hof / 06.10.2012

Detailed evaluation

Garbe, Rainer

Club: LG Hof
Number: 77

Course: 21.10 km
Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:25:03

Speed: 14.81 km/h
Running performance: 4:02 min/km

Rank in course/Total: 4 (of 237)

Rank in course/Men: 4 (of 195)

Best time in course: 1:16:59

Rank in category: 1(of 34)

Best time in the category: 1:25:03