



5. Park&See-Lauf

Hof / 06.10.2012

Detailed evaluation

Kaiser, Holger

Club: LATV Plauen

Number: 57

Course: 21.10 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:32:08

Speed: 13.68 km/h

Running performance: 4:22 min/km

Rank in course/Total: 10 (of 237)

Rank in course/Men: 10 (of 195)

Best time in course: 1:16:59

Rank in category: 3(of 32)

Best time in the category: 1:26:05