



5. Park&See-Lauf

Hof / 06.10.2012

Detailed evaluation

Laber, Matthias

Club: LG Hallerstein-Schwarzenbach/S.

Number: 15

Course: 21.10 km

Halbmarathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:33:44

Speed: 13.44 km/h

Running performance: 4:26 min/km

Rank in course/Total: 14 (of 237)

Rank in course/Men: 14 (of 195)

Best time in course: 1:16:59

Rank in category: 3(of 24)

Best time in the category: 1:16:59