



## 5. Park&See-Lauf

Hof / 06.10.2012

### Detailed evaluation

Heinrich, Jürgen

Club: Thierstein

Number: 91

Course: 21.10 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:34:24

Speed: 13.35 km/h

Running performance: 4:28 min/km

Rank in course/Total: 19 (of 237)

Rank in course/Men: 19 (of 195)

Best time in course: 1:16:59

Rank in category: 4(of 34)

Best time in the category: 1:25:03