



5. Park&See-Lauf

Hof / 06.10.2012

Detailed evaluation

Podracky, Vladislav

Club: AK Sokolov

Number: 25

Course: 21.10 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:39:13

Speed: 12.70 km/h

Running performance: 4:42 min/km

Rank in course/Total: 35 (of 237)

Rank in course/Men: 35 (of 195)

Best time in course: 1:16:59

Rank in category: 4(of 27)

Best time in the category: 1:28:46