



5. Park&See-Lauf

Hof / 06.10.2012

Detailed evaluation

Trautmann, Steven

Club: AKDB

Number: 52

Course: 21.10 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:41:47

Speed: 12.38 km/h

Running performance: 4:49 min/km

Rank in course/Total: 53 (of 237)

Rank in course/Men: 52 (of 195)

Best time in course: 1:16:59

Rank in category: 12(of 32)

Best time in the category: 1:26:05