



5. Park&See-Lauf
Hof / 06.10.2012

Detailed evaluation

Friedel, Harald

Club: IfL Hof
Number: 125

Course: 21.10 km
Halbmarathon

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:42:23

Speed: 12.31 km/h
Running performance: 4:51 min/km

Rank in course/Total: 59 (of 237)

Rank in course/Men: 58 (of 195)

Best time in course: 1:16:59

Rank in category: 5(of 12)

Best time in the category: 1:40:47