



## 5. Park&See-Lauf

Hof / 06.10.2012

### Detailed evaluation

#### Rockstroh, Günter

Club: Ködnitz b. Kulmbach

Number: 382

Course: 10.00 km

Nordic Walking

Category:

Walking/ Nordic Walking Männer

Total time: 1:14:11

Speed: 8.09 km/h

Running performance: 7:25 min/km

Rank in course/Total: 1 (of 37)

Rank in course/Men: 1 (of 11)

Best time in course: 1:14:11

Rank in category: 1(of 11)

Best time in the category: 1:14:11