



5. Park&See-Lauf

Hof / 06.10.2012

Detailed evaluation

Tschakert, Roman

Club: Da Renna RaRa

Number: 487

Course: 21.10 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:46:41

Speed: 11.81 km/h

Running performance: 5:04 min/km

Rank in course/Total: 84 (of 237)

Rank in course/Men: 80 (of 195)

Best time in course: 1:16:59

Rank in category: 17(of 32)

Best time in the category: 1:26:05