



5. Park&See-Lauf

Hof / 06.10.2012

Detailed evaluation

Haas, Constantin

Club: GEALAN Tri Team IfL Hof

Number: 218

Course: 10.00 km

Volkslauf

Category:

männliche Jugend U20 (18-19 Jahre)

Total time: 44:28

Speed: 13.49 km/h

Running performance: 4:27 min/km

Rank in course/Total: 14 (of 184)

Rank in course/Men: 13 (of 127)

Best time in course: 37:49

Rank in category: 3(of 4)

Best time in the category: 41:16