



5. Park&See-Lauf

Hof / 06.10.2012

Detailed evaluation

Krell, Kai-Uwe

Club: NaturFreunde Plauen e. V.

Number: 88

Course: 21.10 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:47:21

Speed: 11.74 km/h

Running performance: 5:05 min/km

Rank in course/Total: 90 (of 237)

Rank in course/Men: 86 (of 195)

Best time in course: 1:16:59

Rank in category: 15(of 34)

Best time in the category: 1:25:03