



5. Park&See-Lauf  
Hof / 06.10.2012

## Detailed evaluation

Limmer, Jens

Club: Hof

Number: 18

Course: 21.10 km

Halbmarathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:47:48

Speed: 11.69 km/h

Running performance: 5:07 min/km

Rank in course/Total: 92 (of 237)

Rank in course/Men: 88 (of 195)

Best time in course: 1:16:59

Rank in category: 13(of 24)

Best time in the category: 1:16:59