



5. Park&See-Lauf
Hof / 06.10.2012

Detailed evaluation

Opitz, Rainer

Club: Teestumm Rehau e.V.
Number: 462

Course: 21.10 km
Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:50:19

Speed: 11.42 km/h
Running performance: 5:14 min/km

Rank in course/Total: 109 (of 237)

Rank in course/Men: 103 (of 195)

Best time in course: 1:16:59

Rank in category: 20(of 34)

Best time in the category: 1:25:03