



5. Park&See-Lauf  
Hof / 06.10.2012

## Detailed evaluation

**Merkel, Thomas**

Club: Polizei Hof  
Number: 223

Course: 10.00 km  
Volkslauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 44:40

Speed: 13.43 km/h  
Running performance: 4:28 min/km

Rank in course/Total: 17 (of 184)

Rank in course/Men: 16 (of 127)

Best time in course: 37:49

Rank in category: 1(of 10)

Best time in the category: 44:40