



5. Park&See-Lauf
Hof / 06.10.2012

Detailed evaluation

Rauh, Thomas

Club: Team Bergziege
Number: 45

Course: 21.10 km
Halbmarathon

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:52:12

Speed: 11.23 km/h
Running performance: 5:19 min/km

Rank in course/Total: 118 (of 237)

Rank in course/Men: 110 (of 195)

Best time in course: 1:16:59

Rank in category: 12(of 27)

Best time in the category: 1:28:46