



5. Park&See-Lauf

Hof / 06.10.2012

Detailed evaluation

Rothmund, Jörg

Club: Rehau AG

Number: 100

Course: 21.10 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:52:50

Speed: 11.17 km/h

Running performance: 5:21 min/km

Rank in course/Total: 124 (of 237)

Rank in course/Men: 115 (of 195)

Best time in course: 1:16:59

Rank in category: 23(of 34)

Best time in the category: 1:25:03