



5. Park&See-Lauf

Hof / 06.10.2012

Detailed evaluation

Seiferth, Hermann

Club: TV Münchberg

Number: 520

Course: 21.10 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:55:07

Speed: 10.95 km/h

Running performance: 5:28 min/km

Rank in course/Total: 132 (of 237)

Rank in course/Men: 122 (of 195)

Best time in course: 1:16:59

Rank in category: 19(of 29)

Best time in the category: 1:27:52