



5. Park&See-Lauf

Hof / 06.10.2012

Detailed evaluation

Seiferth, Judith

Club: TV Münchberg

Number: 203

Course: 21.10 km

Halbmarathon

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 1:56:28

Speed: 10.82 km/h

Running performance: 5:31 min/km

Rank in course/Total: 139 (of 237)

Rank in course/Women: 12 (of 42)

Best time in course: 1:41:45

Rank in category: 2(of 10)

Best time in the category: 1:50:47