



## 5. Park&See-Lauf

Hof / 06.10.2012

### Detailed evaluation

#### Schimpl, Helmut

Club: IfL Hof

Number: 379

Course: 10.00 km

Nordic Walking

Category:

Walking/ Nordic Walking Männer

Total time: 1:27:47

Speed: 6.84 km/h

Running performance: 8:47 min/km

Rank in course/Total: 14 (of 37)

Rank in course/Men: 8 (of 11)

Best time in course: 1:14:11

Rank in category: 8(of 11)

Best time in the category: 1:14:11