



5. Park&See-Lauf

Hof / 06.10.2012

Detailed evaluation

Rossner, Markus

Club: Sportclub Sparkasse Hochfranken e.V.
Number: 262

Course: 10.00 km
Volkslauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 45:34

Speed: 13.17 km/h
Running performance: 4:34 min/km

Rank in course/Total: 21 (of 184)

Rank in course/Men: 20 (of 127)

Best time in course: 37:49

Rank in category: 4(of 15)

Best time in the category: 37:49