



5. Park&See-Lauf
Hof / 06.10.2012

Detailed evaluation

Rödel, Susi

Club: Viessmann kool runnings
Number: 395

Course: 10.00 km
Nordic Walking

Category:
Walking/ Nordic Walking Frauen

Total time: 1:28:37

Speed: 6.77 km/h
Running performance: 8:52 min/km

Rank in course/Total: 16 (of 37)

Rank in course/Women: 8 (of 26)

Best time in course: 1:17:31

Rank in category: 8(of 26)

Best time in the category: 1:17:31