



5. Park&See-Lauf
Hof / 06.10.2012

Detailed evaluation

Raab, Gerhard

Club: IfL Hof
Number: 118

Course: 21.10 km
Halbmarathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:58:20

Speed: 10.65 km/h
Running performance: 5:37 min/km

Rank in course/Total: 155 (of 237)

Rank in course/Men: 142 (of 195)

Best time in course: 1:16:59

Rank in category: 21(of 29)

Best time in the category: 1:27:52