



5. Park&See-Lauf

Hof / 06.10.2012

### Detailed evaluation

Bakhvalova, Nadezda

Number: 179

Course: 21.10 km

Halbmarathon

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 1:59:03

Speed: 10.58 km/h

Running performance: 5:38 min/km

Rank in course/Total: 158 (of 237)

Rank in course/Women: 14 (of 42)

Best time in course: 1:41:45

Rank in category: 2(of 5)

Best time in the category: 1:48:15