



5. Park&See-Lauf

Hof / 06.10.2012

Detailed evaluation

Erfurth, Hans-Jürgen

Club: IfL Frankenwald

Number: 148

Course: 21.10 km

Halbmarathon

Category:

Senioren M70 (70-74 Jahre)

Total time: 1:59:39

Speed: 10.53 km/h

Running performance: 5:40 min/km

Rank in course/Total: 160 (of 237)

Rank in course/Men: 146 (of 195)

Best time in course: 1:16:59

Rank in category: 1(of 3)

Best time in the category: 1:59:39