



5. Park&See-Lauf
Hof / 06.10.2012

Detailed evaluation

Ploß, Bettina

Club: SG Hutschenreuther Selb
Number: 194

Course: 21.10 km
Halbmarathon

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:01:30

Speed: 10.37 km/h
Running performance: 5:46 min/km

Rank in course/Total: 170 (of 237)

Rank in course/Women: 15 (of 42)

Best time in course: 1:41:45

Rank in category: 4(of 8)

Best time in the category: 1:43:43